

Lord, When I Thank You

***What shall I return to the Lord
for all his goodness to me?
I will lift up the cup of salvation
and call on the name of the Lord.
I will fulfill my vows to the Lord
in the presence of all his people.
I will sacrifice a thanks offering to you
and call on the name of the Lord.***

— Psalms 116:12-14, 17

Lord, once I asked you to lay my enemies low.
And now my enemies fall:
My deafness to your voice.
My blindness to your people's need.
My stillness and inwardness in a world you made me to be a part of.
My willfull corruption of spirit.
Enemies each.

I testify to it.
You stand before me and open my ears.
You uncover my eyes.
You cry, "Rise and walk!"
You cleanse me and make me new.

How can I thank you, except to respond to your call?

And so, when I thank you for my daily bread, help me to share it.
When I thank you for my health, teach me to heal.
When I thank you for my companions, show me the courage to reach out.
When I thank you for my life, give me the grace to bless and protect the
lives and dignity of others.

Lord, from the harvest of plenty, I have reaped so much.
And I offer only one thing in thanksgiving—
A heart made for loving.

Amen