### Victims of Violence Care Project

#### FROM HORROR TO HOPE

"Four elements nurture the development of the project (roots), rooted in a sound church community (trunk), offering beneficiaries flowers and fruits and planting seeds in the community".





# **KEY FACTORS** in The Victims of Violence Care Project



#### IMPACTS OF VIOLENCE

### Reach of the Victims of Violence Care Project

#### **Impacts**

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#### Reach

- Health alterations
- Loss of faith and purpose of life
- Feeling of emptiness
- Depression and anxiety
- Fear
- Loss of voice
- Isolation
- Memory and concentration problems
- Reduced capacities in daily activities

INDIVIDUAL LEVEL



- Improved health
- Sleep and appetite recovered
- Life purpose
- Faith and hope
- Inner strength and joy
- Decrease of sadness
- Channeling and managing anger
- Recovering the family member's "scared memory"
- Processes of forgiveness
- Self-care
- Improvement in the work environment

- Isolation
- Distancing
- Feeling abandonment
- Mistrust
- Psychological transference
- Feeling misunderstood
- Overprotection or neglect of family members





- Breaking the cycle of violence
- Recovering trust
- Feeling less alone and misunderstood
- Improved relationships

- Mistrust
- Isolation
- Loss of job
- Relocation
- Stigmatization
- Feeling of vulnerability and insecurity
- No physical activity
- End of recreational activities and social life

COMMUNITY



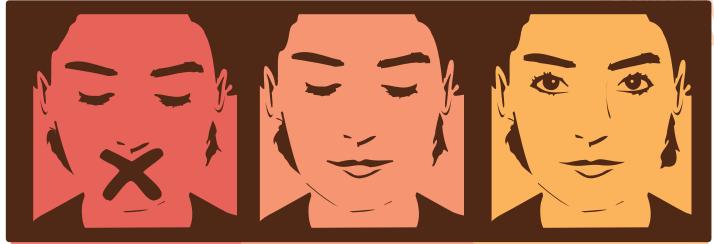
- Overcoming isolation
- Civic participation
- Solidarity and social action
- Back to work
- Breaking the cycle of violence
- Recovering trust
- Involvement in social events



## **CHANGES DUE TO**

## The Victims of Violence Care Project





I DON'T SPEAK

to anyone

I FIND A SAFE SPACE

to tell my story and be listened to

I SPEAK AND SHARE

my testimony publicly in masses and programmed activities

I DON'T TRUST

anyone

I MEET WITH

agents and other victims and feel at ease

I RECOVER

trust in others and in my community

I DON'T GO

out of my home

I ATTEND WORKSHOPS

and events of the program and the parish

I PARTICIPATE IN

public and community activities

I HAVE NO WISH

to live

**I RECOVER** 

my everyday life

**I RECOVER** 

my life's purpose

