

Harnessing Male Engagement for Transformational Gender Behavior Change in Upper Egypt

Farah Atia

Gender, Peacebuilding & Partnerships Program Manager

©2021 Catholic Relief Services. All Rights Reserve



Enabling Better Parenting for Non-Violence and Inclusion (EBNI)

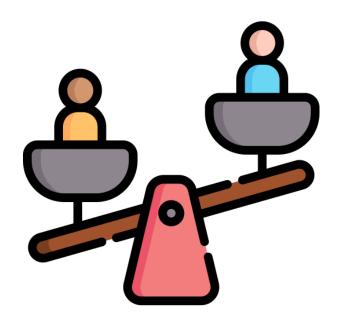
A two-year SBC-focused project implemented in three Upper Egypt Locations: Assuit, Sohag, Luxor

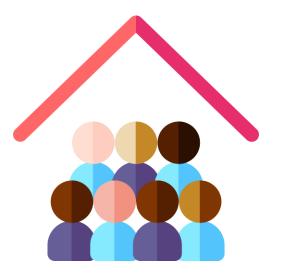




Background

Gender inequality in Egypt remains deeply entrenched, a manifestation of pervasive beliefs about gender norms held by both men and women.





The 2017 International Men and Gender Equality Survey on gender norms in the MENA region confirmed Egyptians support widely inequitable views on women's roles in the household and community.

Background



More than **70%** of men and women believe **wives should tolerate violence within the family unit**.





Women in Upper Egypt largely perceive gender norms as rules of law that control them, with **men and women responsible for distinct spheres**.

More than **75%** of men and **50%** of women support the notion that a **woman's most important role is to care for the household**.

Goal: Men and women in Upper Egyptian villages engage in more **respectful and equitable relationships** within and outside the household unit

> Objective: **Community Based Organizations (CBOs)** have increased capacity to **design** and deliver effective **gender transformative programs**

> > Outcome 1: Community Based Organizations are supported to design and pilot male engagement strategies



Local NGOs and CBOs worked to expand their knowledge base to tackle unequal gender power relations within the household



In-depth **assessments** were conducted on **male perception** towards non-violent parenting and gender dynamics



Local CBOs designed male engagement activities based on the trainings they received



In-person visits with fathers to **build trust**

Launching and testing male engagement activities





Partners galvanized the community leaders so they could reinforce the messaging that was being delivered



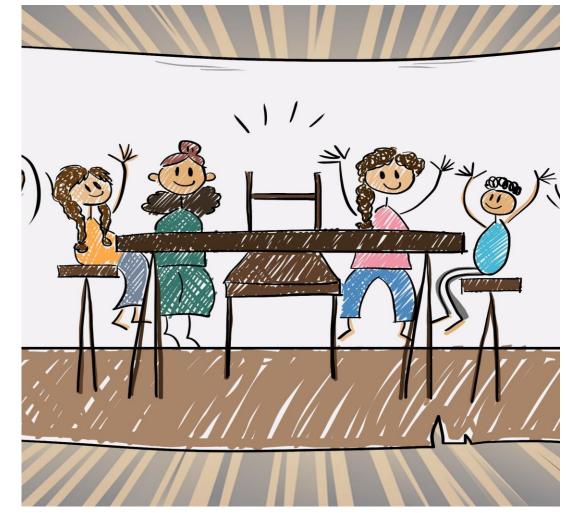
Key messages were reinforced among male caregivers to achieve **sustainable changes in behaviors** that disrupt the cycle of violence within and outside the household



Key messaging was adapted from CRS' Better Parenting curriculum

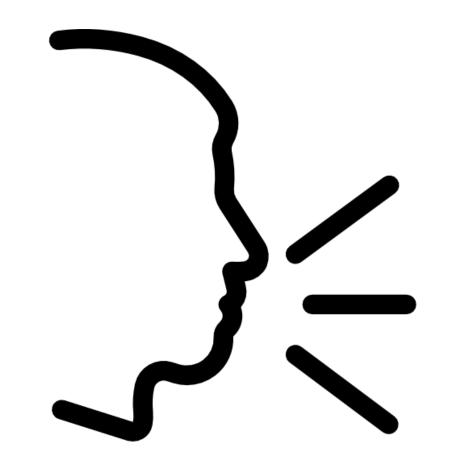
Examples of topics:

- Understanding Parenting
- Cultural and Social Norms
- Parenting Styles
- Child's Temperament
- Parent-Child Communication
- Family Rules, Boundaries and Roles
- Gender and household dynamics
- Understanding and Managing Your Own Emotions
- Discipline



Cover page of Better Parenting adapted curriculum $O_{CRS / 10}$

Messaging Examples: Gender and Household Dynamics

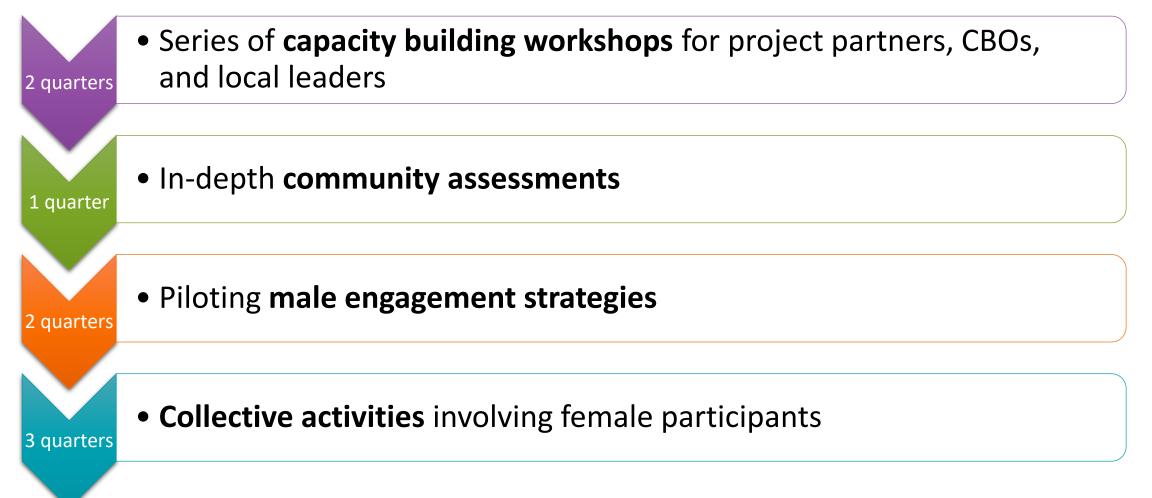


"When mothers and fathers jointly participate in parenting, the whole family benefits. Fathers and other male relatives do not become less valuable to their children when this happens!"

"Household chores should be shared equally among boys and girls, for example in the time needed for chores and tasks they are given."

Illustrative image from curriculum

Description of Intervention: Duration



Meeting with a male participant

60y

Collective session with a group of male participants

Interactive theater activity

der in

Theater activity with extended family present

Joint session with project participants

Session with family therapist INST TRANSPORT

17-11-

wilder / J





Cinema day with male participants

Results





male caregivers were engaged in at least one **Better Parenting topic** during the project period. 205 completed the full 15-topic curriculum.





of **CBO male staff** had demonstrated improvement in their **knowledge** to design pilot **approaches to male engagement**

Results





of male caregivers **adopted positive parenting behaviors** by the end of the project



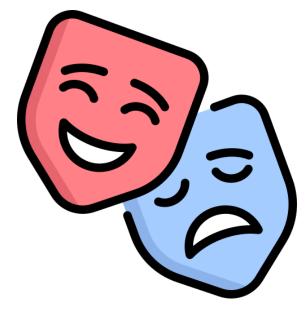
83%

of men agreed or strongly agreed with the statement that **husbands and wives** should make **joint decisions** about how to spend household **income**



Lessons Learned

Visual activities involving art and theatre complement meetings and are more memorable and appeal to emotions





The influence of **extended family** and community on men to continue practicing **adverse behaviors** remains a challenge to be considered

Discussion/ Implications for the Field

Identify and work with **influencing groups** and understand key **determinants** The quality of fathers' relationship with their children was an **intrinsic reward** that motivated **sustained positive behaviors**

Work with **staff** from **sites** of project **implementation**

Include all family members in project activities, especially those who in multi-generational or extended-family homes Community leaders can successfully support SBC with male heads of household

Thank you!

farah.atia@crs.org

CATHOLIC RELIEF SERVICES faith. results. Access the Better Parenting Discussion Guide and other materials here:

