

Lenten Prayer

Dear Jesus,

You call us, as members of the body of Christ, to serve one another.

This Lent, may we be your eyes, to see with compassion.

May we be your hands and feet, to serve with love.

By encountering you in the Bread of Life, may we joyfully share bread for life with all members of our global family.

AMEN



CRS RICE BOWL
CATHOLIC RELIEF SERVICES

FOR
LENT
FOR **LIFE**

Photo by Oscar Leiva/Silverlight for CRS

MAKE YOUR OWN RICE BOWL BY GLUING OR TAPING THE WRAPPER, ABOVE, TO A CONTAINER. THEN DISPLAY THE FORM, BELOW, ON YOUR FRIDGE.

WHAT YOU GIVE UP FOR LENT CHANGES LIVES!

My Lenten Pledge

Name _____

For Lent, I will _____

And donate \$ _____

Turn in your gifts at the end of Lent,
or donate online at:
crsricebowl.org/donate

Make a Lenten Plan

PRAY

Set aside a time each day to pray and reflect.

FAST

Consider what you will give up for Lent to help our global family.

GIVE

Set a goal for your CRS Rice Bowl offering.

LEARN

Meet your global family. Discover stories, recipes and more at **crsricebowl.org**.