

BULLETIN & NEWSLETTER ANNOUNCEMENTS

SUNDAY(S) BEFORE ASH WEDNESDAY

JOIN US FOR CRS RICE BOWL'S 50TH ANNIVERSARY!

CRS Rice Bowl is celebrating 50 years of helping Catholic faith communities bring Lent to life and encounter God through our global family. During the 40 days of Lent, let us journey together through CRS Rice Bowl to meet people in Nigeria, Guatemala and Bangladesh who are rising above the challenges of hunger and malnutrition. Pick up your rice bowl from [LOCATION] on [DATE]. Visit crsricebowl.org/join to share your Lenten prayer intentions.

FIRST WEEK OF LENT

A RECOMMITMENT TO END HUNGER

Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl program. Learn how people like you have made a local and global impact on the lives of our sisters and brothers in need and why our prayers and almsgiving are still needed today. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. Visit crsricebowl.org/week-1 to read this week's Story of Hope.

SECOND WEEK OF LENT

PAYING IT FORWARD AS A LEAD MOTHER IN NIGERIA

In Nigeria, over 25 million people are experiencing extreme food insecurity due to climate change, poverty and conflict. Because of violence in their hometown, Amina and her family were forced to flee and start life over again in a new village. Learn how Amina's participation in a Catholic Relief Services program helped her prepare nutritious meals for her family and support other families in her community to overcome the challenges of hunger and malnutrition. Visit crsricebowl.org/week-2 to read this week's Story of Hope.

THIRD WEEK OF LENT

NUTRITIOUS MEALS HELP CHILDREN GROW HEALTHY IN GUATEMALA

In Santa María Chiquimula, Guatemala, over half the community is affected by malnutrition. Amid rising food prices and job loss, Ana Belén and her husband were struggling to provide for their growing family. But they saw a ray of hope through their participation in a Catholic Relief Services' program that helps them ensure their children are healthy and have the nutrition they need to thrive and play. Visit crsricebowl.org/week-3 to read this week's Story of Hope.

FOURTH WEEK OF LENT

PROTECTING CROPS FROM NATURAL DISASTERS IN BANGLADESH

Shahadat's village, and much of Bangladesh, is located on flat lowlands. The intense rainy season causes flooding that often destroys farms and crops. Find out how Shahadat learned new farming skills from a Catholic Relief Services program that enabled him to increase the yield of his vegetable crops despite the challenges of climate change. Visit crsricebowl.org/week-4 to read this week's Story of Hope.

FIFTH WEEK OF LENT

UNITED IN GENEROSITY AS ONE GLOBAL FAMILY

Amid the harsh conditions of the Sahel region's 1976 drought, millions faced hunger. That same year, Catholics worldwide gathered at the 41st International Eucharistic Congress in Philadelphia, focusing on "The Eucharist and the Hungers of the Human Family." As Lent draws to a close, let's reflect on how our prayers, fasting and almsgiving can help ensure no one goes hungry in the middle of today's global food crisis. Visit crsricebowl.org/week-5 to learn more.

BULLETIN & NEWSLETTER ANNOUNCEMENTS CONT.

PALM SUNDAY

CALLED TO SHARE BREAD FOR LIFE

Holy Week, a sacred time in the liturgical year, invites us to journey with Christ through his Passion, Death and Resurrection. As we witness the Last Supper and Jesus' gift of the Eucharist, we are reminded of our call to be bread broken for others. Let us draw strength from the Bread of Life and dedicate ourselves to serving our sisters and brothers who bear heavy crosses, bringing hope and the joy of the resurrection to the world. Visit crsricebowl.org/holy-week to learn more.

AFTER-EASTER MESSAGING

THANK YOU!

Together, we changed lives this Lent through CRS Rice Bowl. THANK YOU for being a part of this effort! Don't forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE] or donate online at crsricebowl.org/donate.*

**Include a link to your community's CRS Rice Bowl community giving page or information on your preferred method for turning in Lenten gifts.*

EASTER SUNDAY

HAPPY EASTER!

As our CRS Rice Bowl journey comes to an end, may the Eucharist continue to transform our lives and help us respond to God's call to serve our global family. Let us commit to sharing the joy of the Resurrection with people in our local community and around the world. **Don't forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE]* or donate online at crsricebowl.org/donate.**



Photo by Oscar Leiva/Silverlight for CRS