

# FOR LENT FOR LIFE



Photo by Amit Rudroy/CRS

## **CRS Rice Bowl Celebrates its 50th Anniversary!**

Since 1975, CRS Rice Bowl has helped faith communities encounter God and our global family throughout Lent by practicing:

- ▣ Daily prayer.
- ▣ Weekly fasting.
- ▣ Almsgiving.

Your help is still needed to make a difference!  
This Lent, renew your commitment to supporting families facing hunger and malnutrition so that all may live with dignity.

Find stories, videos and more at [crsricebowl.org](https://crsricebowl.org)

