

WEEK 5: REVIEW

OPTION FOR THE POOR AND VULNERABLE

We are called to build a society in which the needs of people who are most poor and vulnerable are considered first. Jesus tells us that when we help our sisters and brothers in need, we do this for him.

STORIES OF HOPE

This Lent, we reflected on how the Eucharist unites us with God and one another, and how the Lord invites us to see him in our global family.

We saw Christ in Uganda, through Adolf and Florence, who learned new farming methods so they can provide food for their family and help their neighbors grow better crops.

We saw Christ in El Salvador, in the Amaya family. Like the body of Christ, each family member contributes to support the household. We saw Christ in Sandra's sacrifices, learning how to keep chickens to ensure her family and community can thrive.

We saw Christ in Indonesia, through Evita and her disaster preparedness group. Together, they have helped keep their community safe during natural disasters and healthy with food from their communal garden.

Lastly, we have seen Christ in you—in your prayers, sacrifices and almsgiving. As we near Holy Week, let us continue to imitate Christ to uphold the dignity of our sisters and brothers around the world.

FACTS TO CONSIDER

- “Then the righteous will answer him and say, ‘Lord, when did we see you hungry and feed you, or thirsty and give you drink? ... And the king will say to them in reply, ‘Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.’” —Matthew 25:37, 40.
- “The Eucharist ... is the Sacrament par excellence of love. Christ offers himself and breaks himself for us and asks us to do likewise so that our life might become bread that feeds our brothers and sisters.” —Pope Francis



Photo by Stuart Tibaweswa for CRS

- “In teaching us charity, the Gospel instructs us in the preferential respect due to the poor and the special situation they have in society: the more fortunate should renounce some of their rights so as to place their goods more generously at the service of others.” —Saint Paul VI, *Octogesima Adveniens*



For downloadable photos, visit crsricebowl.org/photos and read the story at crsricebowl.org/stories.

OPTION FOR THE POOR AND VULNERABLE

45 MINUTES

OBJECTIVE

Through the final CRS Rice Bowl Story of Hope, students will reflect on their Lenten journey and explore the Catholic social teaching principle of Option for the Poor and Vulnerable.

MATERIALS

- Week 5 story, available at crsricebowl.org/stories.
- Week 5 Activity Sheet: Grades 1-3.
- Scissors, pencils or crayons, tape, string and one coat hanger per student.
- Construction paper strips—one for each student.

DISCUSSION (10 MINUTES)

1. Read the story from week 5.
2. Reflect:
 - What is something that you saw someone say or do that made you think of God and his love?
 - Which CRS Rice Bowl story did you like best? Why?
 - How do you feel when you help someone? How do you think God feels when you help someone?

ACTIVITY (25 MINUTES)

1. Explain the principle of Option for the Poor and Vulnerable. Remind students that Jesus tells us to give special care to people who are most in need and that it is our Christian duty to stand up for others.
2. Have students complete the week 5 Activity Sheet: Grades 1-3.
3. Have students show their mobile to a partner.

CLOSING PRAYER (10 MINUTES)

1. Give one strip of construction paper to each student. Ask them to write the name of a person through whom they see God on their paper and to decorate it.
2. Tape each student's paper strip together to form a bracelet for the student to wear as a reminder to pray for that person throughout the day.
3. Pray the Hail Mary together for these prayer intentions.

AT HOME

1. Share with your family your Lenten Mobile and spend some time discussing the answers you wrote in it.
2. As a family, read and discuss the daily reflection found in your **CRS Rice Bowl Lenten Calendar**.
3. Attend Mass as a family and give thanks to God for the opportunity to meet the person on your bracelet.

IF YOU ONLY HAVE

10

MINUTES

1. Read the week 5 story.
2. Lead Discussion step 2.

Name: _____



Lenten Mobile

Answer the questions below about what you will do this week, then cut out the shapes. Draw a picture of each action on the back of each shape. Punch holes in the shapes and use string to hang them from a coat hanger to display in your house.

○

LEARN

Brainstorm a list of challenges that people might face that would prevent them from living a happy and healthy life.

○

PRAY

Write a prayer for people that don't have the resources they need to thrive.

Name: _____



Lenten Mobile

○

GIVE

How do you want to help people that are in need? What is something you can give them?

○

FAST

Fasting means to give something up.
What will you fast from this week?
