Invite your community to participate in CRS Rice Bowl during announcements at Mass or in your school’s morning or afternoon announcements.

Good morning/afternoon. My name is ______________, and I’m here to invite you to participate in CRS Rice Bowl this Lent.

CRS Rice Bowl is Catholic Relief Services’ Lenten faith-in-action program and it’s an opportunity for us to come together as a community and support our sisters and brothers around the world—especially people experiencing poverty, hunger and the effects of climate change.

This year, through CRS Rice Bowl, we will encounter communities in Uganda, El Salvador and Indonesia. We’ll learn about the principles of Catholic social teaching—and ways we can put them into action. Furthermore, participating in CRS Rice Bowl will help us engage daily with the spiritual pillars of Lent: prayer, fasting and almsgiving.

When you pick up your Rice Bowl, you’ll also receive a Lenten calendar that offers short reflections for each day of Lent. Make sure to put together this cardboard box and use it to collect your family's alms. And visit crsricebowl.org for stories, meatless recipes, prayers and more to enrich your Lenten journey.

I’m excited to take this journey with our community, and to connect our prayer and reflections to our global community of faith. Please pick up your Rice Bowl for your family, located ______________.

If you have any questions, please talk to me after Mass. Thank you for your time.