



# GOOD STEWARD

JUNE 2012

GIFT AND ESTATE PLANNING IDEAS  
FOR FRIENDS AND BENEFACTORS OF  
CATHOLIC RELIEF SERVICES

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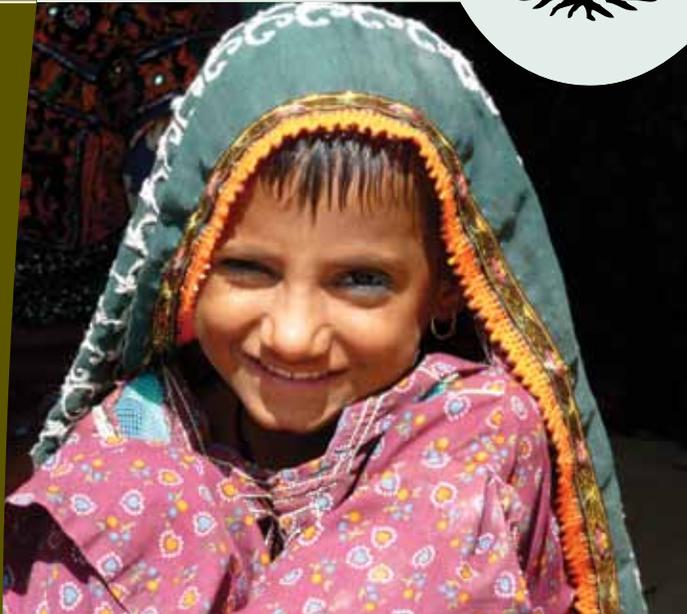
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*“I believe  
that we  
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one large  
family.”*

Monica Shumann

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Dr. Carolyn Y. Woo  
President & CEO



Dear Friends,

For the last 70 years, you and countless others have expressed your compassion for the world's poorest and most vulnerable people through your support of Catholic Relief Services. You have done so with your prayers, your actions and with financial contributions, both large and small. I thank you for all you do.

Some CRS supporters have chosen to support the CRS mission in a very special way: by generously including Catholic Relief Services in their will. A gift to CRS through a will is a powerful expression of personal faith and commitment to our mission.

For this reason, I'm happy to share this special edition of the *Good Steward* with you. Inside you'll meet CRS donors who have included Catholic Relief Services in their wills. I invite you to read their stories and learn why and how they created their charitable legacies.

As always, I welcome your suggestions and questions, and invite you to contact Carl Foreman in Planned Giving at 1-888-277-7575, extension 7291, or by e-mail at [carl.foreman@crs.org](mailto:carl.foreman@crs.org).

May blessings overflow,

Dr. Carolyn Y. Woo  
President & CEO

*CRS-sponsored water projects in Pakistan are making this girl's life happier and healthier by providing access to clean drinking water and helping her neighbors irrigate crops and grow more food.*

*Photo by Joe Lapp for CRS*

## Reviewing Your Will

The Planned Giving staff at Catholic Relief Services encourages you to periodically review and rethink your estate plan, and adjust it to reflect changes in your personal situation, your goals or estate laws. You can easily make revisions to your will with a simple codicil: Ask your lawyer.



## Caring for the People of God

**John Queralt**

John Queralt will tell you that one of the greatest shortages faced by our world is the loss of potential among children in developing countries. "In the United States, schools have computers for nearly every student. Overseas, they have nothing. So many minds of children have been wasted due to a lack of resources. These children could be winning Nobel prizes or curing diseases."

John believes in Catholic Relief Services because it is a worthwhile organization that addresses poverty of spirit and poverty of the body. "Minds that have not been fed are as much of a tragedy as stomachs that have not been fed. I support CRS because you work to strengthen communities."

Born in Spain, John and his family lived through the Spanish Civil War. "There was a lot of suffering in those days," he says. At age 49, John traveled to the United States, where he met his wife, Florence. They raised three children from Vietnam and retired from their work as educators to travel. After Florence was diagnosed



Photo by Jennifer Hardy/CRS  
With techniques they learned from CRS, farmers in East Timor are harvesting healthier crops that help their families survive the lean season.

*"Minds that have not been fed are as much of a tragedy as stomachs that have not been fed."*

John Queralt

with Alzheimer's disease, John cared for her until her death 7 years ago.

"I have tried to live as Jesus asks us to," John says. "He shows us that our true faith isn't the religion of the temple but is caring for the people of God. It is helping to bring justice for the poor."

And that is what John has always done. A longtime supporter, he has made a gift to CRS programs in his will. "People ask me, 'Aren't you worried about how you will live?' And I say, well, you have to be prudent. But I live within my means. I have given gifts to my family, and the rest I am giving to charity."

A humble man, John doesn't like to talk too much about his charitable donations. But he hopes that, by sharing how fulfilling it has been for him to create a legacy that will benefit CRS programs, he will be able to inspire others to find the same joy in giving.

## Generations of Giving

**Monica Shumann**



Photo courtesy of Monica Shumann

Monica Shumann grew up with a passion for travel and an unflagging interest in cultures. Her parents owned a grocery store in Gloucestershire, England, with petrol pumps in the front and their living space behind the shop. Here, Monica absorbed her deepest values. "My father would pack up groceries for the needy families in our neighborhood, even when we didn't have very much ourselves."

The charitable values she learned from her family and her interest in the world outside her home inspired her longtime support of Catholic Relief Services.

Working as a secretary for the World Health Organization, she recalls being deeply affected by stories about people lacking access to clean water. When Monica, a committed Catholic, learned that a Catholic organization—CRS—helped communities overseas develop safe water sources, she decided that, as soon as she could afford it, she would support our work.



Photo by Jennifer Hardy/CRS

Children in the Philippines are now drinking purified water and properly washing their hands, thanks to training from CRS staff.

She made her first gifts as a family through CRS Operation Rice Bowl. Giving as a family was important to her and has inspired one of her six children to work in developing countries.

Now, Monica has decided to give to CRS through her will. She feels strongly about honoring her family's legacy this way. "I want to die as I have lived," she says. "And I have always given a portion of what I have to others."

Those "others" are important to her. "I believe that we are all part of one large family. I feel that, when people from CRS are out in Africa and Cambodia and South America, by being a part of the body of Christ, I am also out there."

## Preparing Your Will for the first time

An important part of planning is ensuring you have a current estate plan that meets your goals for yourself and your family. The centerpiece of any estate plan is a valid will. The consequences of not having a will—for whatever reason—are substantial and, later, can pose a hardship on family and friends.

To help you learn more, Catholic Relief Services has prepared a free Wills Kit. The Wills Kit provides valuable information and everything you need to know before you see your estate planner.

To receive your free Wills Kit, without any obligation, please contact Carl Foreman of Planned Giving:

**Phone: 1-888-277-7575; at the prompt, dial extension 7291**

**E-mail: [carl.foreman@crs.org](mailto:carl.foreman@crs.org)**

*"And by giving in your will, your spirit will live on, not only in heaven but here on earth."*

Bill Rahmes  
Read his story on page 4

# Is There an Alternative to Bequest by Will?



**Y**es. You can make a bequest through a life insurance policy or by naming the beneficiary of your retirement plan, savings account or certificate of deposit. For more information call:

Carl Foreman at **1-888-277-7575, extension 7291**

## *From the Desk of Bill Rahmes: Shaping the Future*



*Photo courtesy of Bill Rahmes*

**I**f my name sounds familiar to you, it's because I wrote to you a few months ago about my decision to include Catholic Relief Services in my will. I am writing again not only because I care deeply about the work of CRS, but because I feel strongly about my choice to include CRS as part of my estate.

I won't be here forever. When my time comes, I want to leave behind a legacy that resonates with the world I tried to help build during my life.

And in my life, it has been one of my greatest joys to help the poor and suffering people of the world, especially the children.

And the more I learn about how CRS values young people and strives to empower them, the more I see the hand of Christ and the guiding light of his mother, Mary, in their work.

**By giving to CRS in my will, I feel that I will have a hand in shaping the future of today's children** long after I am gone. I am able to be a part of the body of Christ as he sustains orphans, those who are hungry and other vulnerable people around the world through CRS.

I often tell people that it doesn't matter how much or how little you give. Just give! You won't regret it. **And by giving in your will, your spirit will live on, not only in heaven but here on earth.** At the end of a long and blessed life, this knowledge is worth more than I could ever say.



*Photo by David Snyder for CRS*



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